



# Antenatal Classes

# TENS Machine Hire

Head to [www.calmiskeybirthing.com](http://www.calmiskeybirthing.com) and register using the link under Whakatāne Antenatal Classes or send an email to get a link sent out

There is a link for TENS Machine Hireage from the website home screen, bookings can be made from here, or by contacting me via email or social media.

Depending on numbers, classes may be cancelled or have more added to so please contact to express interest or book your spot

These classes have been made due to funding from The Wright Foundation

Current class dates:

Saturday mornings:

- April 5th & 12th
- May 10th & 17th
- June 21st & 28th

Tuesday evenings:

- March 4th, 11th, 18th, 25th

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